

WORLD KIDNEY DAY



FACTS

OUR KIDNEYS FILTER AROUND 180 LITRES OF BLOOD EVERY DAY.

KIDNEY DISEASE IS COMMON AND CAN AFFECT ANYONE

KIDNEY FAILURE IS FATAL WITHOUT DIALYSIS OR A TRANSPLANT

ACUTE KIDNEY INJURY (AKI) IS A SUDDEN DROP IN KIDNEY FUNCTION,
OFTEN AS A COMPLICATION OF ANOTHER SERIOUS ILLNESS

BLACK, ASIAN AND MINORITY ETHNIC COMMUNITIES ARE FIVE TIMES
MORE LIKELY TO EXPERIENCE KIDNEY FAILURE THAN OTHER GROUPS.

SMOKING SLOWS BLOOD FLOW TO THE KIDNEYS
AND STOPS THEM WORKING PROPERLY